

Deals Up Top. Plenty More Down Below. 📌



FRESH DEALS
Aug 26 - Sept 30 | OPEN TO EVERYONE

Organic Avocados
50% OFF
0.99 each
Save \$1.00

Organic Red Seedless Grapes
40% OFF
2.99 lb.
Save \$2.00

Organic French Onion Dip
20% OFF
3.99 12 oz.
Save \$1.00

Locally Grown Bi-colored Corn
Hyper Local
50% OFF
4/\$2 each
Save \$0.50

Sour Cream Squeeze
BEST SELLER
20% OFF
2.99 14 oz
Save \$0.80

Duck Eggs
Hyper Local
20% OFF
5.49 6 ct.
Save \$1.50

Fresh Deals are packed with late-summer favorites this week! 🍇🥑🌽 Save on organic red seedless grapes, organic avocados and locally grown bi-colored corn from **Patyk Farms in Richmond**—plus local duck eggs, Wisconsin-made organic French onion dip and more. Stock up while the deals last!



Owners Basket

Aug 26- Sept 1 | OWNERS ONLY SPECIALS

Broadview Farm & Garden
Locally Grown Green Bell Peppers

0.99 each
Save \$0.50

Hyper Local
30% OFF



Gotham Greens
Windy City Crunch

Local Chicago, IL

3.49 4.5 oz
Save \$1.00

20% OFF



Cross Treats
Mo Mo Bites

Healthy Lunch Options For The Kids

8.99 4 ct.
Save \$2.00

20% OFF
NUT FREE



Heady Cup
Long Jump Dark Roast Bulk Coffee

Local!

15.99 per lb.
Save \$3.00

Hyper Local




Food Shed owners get a little extra this week! 🛒❤️ The **Owner Basket** features locally grown green bell peppers from **Broadview Farm & Garden**, **Gotham Greens Windy City Crunch**, locally roasted **Heady Cup coffee** and **Cross Treats Mo Mo Bites**. Just one more reason it pays to own your grocery store!

[Learn About Ownership](#)



Announcing our inaugural T-shirt design contest

Announcing our inaugural T-shirt design contest. What does your co-op mean to you? Community? Sustainability? Local? Think about what matters to you. Then put your design skills to the test. We'd love to see what you can come up with.

We will be accepting submissions until September 13th. Voting will commence on September 17th and the winner will be announced on October 1st, just in time for Co-op Month. The winner will receive a free t-shirt, a \$50 gift card, and most importantly – bragging rights!

Submit your designs [here](#). Ownership of the design will be transferred to the co-op. **Please, no use of AI.** The co-op reserves the right to exclude any designs determined to be created using AI.

Submit Your Design

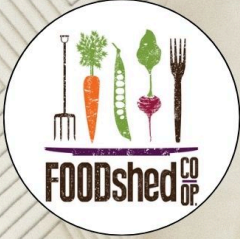
SUNDAY SUNDAY SUNDAY



Save the Dates — Upcoming Food Shed Events

- Growing Garlic, Shallots & Onions | Saturday, August 29 | 1–2 PM
- Pancake Breakfast | Sunday, August 30 | 9–11 AM
- Food Shed + Square Notes at ArterraFest | Saturday, September 5 | 7:30–9 PM
- Fermentation Basics: Kimchi & Sauerkraut | Monday, September 14 | 10–11 AM
- 2026 Annual Owner Celebration & Meeting — **Owners Only** | Thursday, September 17 | 6:30–8:30 PM
- Probiotic Yogurt Demonstration | Wednesday, September 23 | 6:30–7:30 PM

[Click for Event Details](#)



DAILY SOUP MENU

Week of Aug 26th - Sep 1st
Available 11 AM - 8 PM



Ingredients

WED	Coconut Curry Chicken Tikka Masala	V GF
THU	Coconut Curry Chicken Noodle	V DF
FRI	Coconut Curry Chicken Noodle	V DF
SAT	Coconut Curry Brazilian Stew	V
SUN	Coconut Curry Brazilian Stew	V
MON	Coconut Curry Italian Wedding	V
TUE	Coconut Curry Italian Wedding	V

12 oz \$5.49 16 oz \$6.99

V Vegetarian

VG Vegan

DF Dairy free

GF Gluten free

H House Made



Own a Piece of a Stronger Local Food System

For a one-time \$200 household investment, you can join 2,734 neighbors helping build a more local, transparent and resilient food system. Headlines about cyclospora, avian flu, shortages and other supply-chain disruptions are reminders of how vulnerable a long, complex food network can be.

You don't have to be an owner to shop at the Food Shed, but when you join, you help strengthen local farms and food businesses, support greater transparency, and build a community-owned food system better prepared for whatever comes next. And yes —owners get some great discounts, too!



One Local Opportunity To Strengthen Our Community In Two Very Practical Ways

Inspire and empower community

Two local programs are helping neighbors in need and creating safe, positive spaces for youth in Woodstock.

Learn More



Food Shed Co-op

2390 Lake Shore Drive, Woodstock, IL 60098

(815) 687-8480

<https://foodshed.coop/>

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