

📱🔔 Scroll down for huge birthday savings Friday and patio fun at Saturday's Plant Sale!



**FRIDAY IS OUR BIRTHDAY 2<sup>ND</sup>**

- 10% off your entire basket
- 15% for Owner-Members]
- Samples
- Freebies

Birthday deals are valid in store, one shop only, May 15, while supplies last.

**THIS SATURDAY PLANT SALE**



featuring  
**Chicago Tomato Man**



# FRESH DEALS

May 13 - 19 | OPEN TO EVERYONE

<p>Carr Valley <b>Native Sheep Cheese Stix</b></p> <p><b>35% OFF</b> <span style="background-color: #2e8b57; color: white; border-radius: 50%; padding: 2px;">local</span></p> <p><b>\$1.29</b> 1 oz. <b>Save \$0.70</b></p>  <p><span style="background-color: #2e8b57; color: white; border-radius: 50%; padding: 2px;">No Anti-Biotics</span> <span style="background-color: #2e8b57; color: white; border-radius: 50%; padding: 2px;">NON GMO</span></p>	<p><b>Organic Blueberries</b></p> <p><b>60% OFF</b> <span style="background-color: #2e8b57; color: white; border-radius: 50%; padding: 2px;">Organic</span></p> <p><b>\$3.49</b> pint <b>Save \$5.50</b></p> 
<p>Driscoll <b>Organic Strawberries</b></p> <p><b>33% OFF</b> <span style="background-color: #2e8b57; color: white; border-radius: 50%; padding: 2px;">Organic</span></p> <p><b>\$3.99</b> pint <b>Save \$2.00</b></p> 	<p><b>Seedless Watermelon</b></p> <p><b>45% OFF</b></p> <p><b>\$5.99</b> each <b>Save \$5.00</b></p> 
<p>Nals Kitchen <b>Dressings</b></p> <p>Description</p> <p><b>6.99</b> 8 oz. <b>Save \$2.00</b></p>  <p><span style="background-color: #2e8b57; color: white; border-radius: 50%; padding: 2px;">Hyper Local</span></p>	<p>Arrowleaf Prairie Farm <b>Bratwurst Or Bacon Cheddar Bratwurst</b></p> <p><b>12.99</b> 4 ct. <b>Save \$1.00</b></p>  <p><span style="background-color: #2e8b57; color: white; border-radius: 50%; padding: 2px;">Hyper Local</span></p>

Blueberries, strawberries, watermelon, local sheep cheese sticks, and bratwursts... summer is starting to show off 😊☀️ This week's Fresh Deals are packed with juicy produce, hyper-local favorites, and easy grab-and-go goodness for everyone. Stop in and stock up while the savings are fresh 🍓🍌



**FOODshed CO-OP**

# Owners Basket

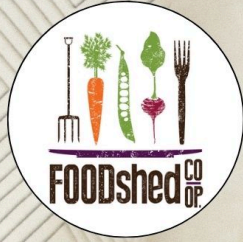
May 13 - 19 | OWNERS ONLY SPECIALS

<p><b>Organic Bartlett Pears</b> <span>Organic</span></p> <p>40% OFF</p> <p><b>\$1.49</b> lb. Save \$1.00</p>	<p><b>Gotham Greens Big Green Salad</b> <span>local</span></p> <p>Big blend, even better value</p> <p>40% OFF</p> <p><b>\$2.99</b> 10oz Save \$2.00</p> <p>NON GMO</p>
<p><b>Creminelli Prosciutto with Cheese &amp; Grissini</b> <span>No Anti-Biotics</span></p> <p>20% OFF</p> <p><b>\$6.99</b> 2 oz Save \$2.00</p>	<p><b>Yaya's Greek Almond Dip</b> <span>Dairy Free</span></p> <p>Plant Based Spread</p> <p>Gluten Free</p> <p><b>\$7.99</b> 7.5 oz Save \$2.50</p>
<p><b>Pirros Pasta Sauce</b> <span>Hyper Local</span></p> <p>All Natural</p> <p><b>\$8.49</b> 24 oz. Save \$1.50</p>	<p><b>Chefs Table Spice Blends</b> <span>Hyper Local</span></p> <p>Six Types</p> <p><b>\$8.49</b> 2-3 oz. Save \$1.50</p>

Owners, your basket is looking extra good this week 🥰🥰 Organic pears, Gotham Greens salad, Pirro's pasta sauce, Greek almond dip, prosciutto snack packs, and hyper-local spice blends are all on special now through May 19. Not an owner yet? Everyone can shop the co-op—owners just get extra perks



[Become an Owner Here](#)



# DAILY SOUP MENU

Week of May 13<sup>th</sup> - 19<sup>th</sup>  
Available 11 AM - 8 PM

<b>WED</b>	Lentil Soup Caribbean Jerk Chicken Tomato & Garden Vegetable	V VG DF DF GF V VG DF GF
<b>THU</b>	Roasted Vegetable New England Clam Chowder Mexican Meatball	V VG DF GF
<b>FRI</b>	Roasted Vegetable New England Clam Chowder Mexican Meatball	V VG DF GF
<b>SAT</b>	Lentil Soup Chicken & Dumpling Broccoli Cheddar	V VG DF DF V GF
<b>SUN</b>	Lentil Soup Chicken & Dumpling Broccoli Cheddar	V VG DF DF V GF
<b>MON</b>	Roasted Vegetable Tomato Basil Quinoa & Sweet Potato Chili	V VG DF GF V VG DF GF V VG DF GF
<b>TUE</b>	Roasted Vegetable Tomato Basil Quinoa & Sweet Potato Chili	V VG DF GF V VG DF GF V VG DF GF

**12 oz \$5.49 16 oz \$6.99**



Soup season? Always. 🍲😊 This week's lineup is bringing the comfort: Caribbean Jerk Chicken, New England Clam Chowder, Chicken & Dumpling, Broccoli Cheddar, Quinoa & Sweet Potato Chili, and more—all house made and ready daily from 11 AM–8 PM.

# FRIDAY, SATURDAY, BE THERE!

FRIDAY, May 15th

Food Shed Second Birthday Party

## HUGE SAVINGS FRIDAY

Celebrate with:

- 10% off for all customers
- 15% off for Owner-Members

Plus samples and freebies while they last! Birthday deals valid for one shop only, May 15, **9 AM–8 PM.**



[Details HERE](#)



## SATURDAY

### CHICAGO TOMATO MAN + 4 OTHER FARM VENDORS

Kick off gardening season 🌱 Our 6th Annual Plant Sale is **May 16 from 9AM - 2PM!** Local growers, unique plants, expert advice—come early for the best selection 🎉

[Vendor Details HERE](#)



Food Shed Co-op

2390 Lake Shore Drive, Woodstock, IL 60098

(815) 687-8480

<https://foodshed.coop/>

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