

↓ Anniversary savings, plant sale, fresh deals & more—scroll down and don't miss a thing.



FRESH DEALS

May 6 - 12 | OPEN TO EVERYONE

<p>Organic Clementines Organic</p> <p>25% OFF</p> <p>\$3.99 2 lb. Save \$1.50</p> 	<p>Organic Blueberries Organic</p> <p>Wow!</p> <p>\$4.99 pint Save \$4.00</p> 
<p>Organic Cantaloupe Organic</p> <p>First Of The Year!</p> <p>20% OFF</p> <p>\$5.99 each Save \$1.50</p> 	<p>Birch Benders</p> <p>Organic Classic Pancake Waffle Mix NON GMO</p> <p>Who Doesnt Love Pancakes?</p> <p>5.99 16 oz. Save \$1.00</p> <p>Organic</p>  <p>Vegan</p>
<p>Purley Elizabeth</p> <p>Cookie Granola Gluten Free</p> <p>Taste The Obsession!</p> <p>7.69 11 oz. Save \$1.00</p> <p>NON GMO</p>  <p>Vegan</p>	<p>Foodshed</p> <p>Whole Roasted Chicken HOUSE MADE</p> <p>Brined, Marinated and Roasted To Perfection!</p> <p>\$9.99 1 each Save \$5.00</p> <p>local</p>  <p>BEST SELLER</p>

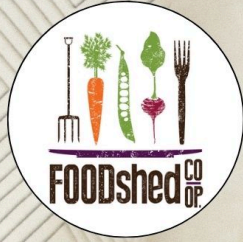
Fresh Deals are ON 🌱 Organic fruit, pantry favorites, and our famous roasted chicken—all at prices that make eating well easy this week.

Owners Basket
May 6 - 12 | OWNERS ONLY SPECIALS

<p>Organic Cucumbers Organic</p> <p>50% OFF</p> <p>\$0.99 each Save \$1.00</p>	<p>Organic Mini Watermelon Organic</p> <p>33% OFF</p> <p>\$5.99 each Save \$3.00</p>
<p>Simple Bakery Cinnamon Rolls BEST SELLER local</p> <p>25% OFF</p> <p>\$2.99 1 each Save \$1.00</p>	<p>Miller Family Farm Eggs Dozen Hyper Local</p> <p>Great Local Egg!</p> <p>\$6.99 dozen Save \$1.00</p>
<p>Foodshed Autumn Grain Bowls HOUSE MADE BEST SELLER</p> <p>House Made Salad</p> <p>\$8.49 12 oz. Bowl Save \$1.50</p>	<p>Pasta Bar Pasta Mixed Variety Hyper Local Seed Oil Free NON GMO</p> <p>Amazing Local Pasta</p> <p>\$7.99 16 oz. Save \$1.00</p>

Owners, your week just got better ✨ Deep savings on everyday favorites—organic cucumbers, local eggs, house-made bowls, and more. This is why ownership pays.

[Become an Owner Here](#)



DAILY SOUP MENU

Week of May 6th - 12th

Available 11 AM - 8 PM

WED	Beef & Bean Chili Caribbean Jerk Chicken Smoky Vegan	
THU	Beef & Bean Chili Caribbean Jerk Chicken Smoky Vegan	
FRI	Roasted Vegetable Chicken Tortilla Smoky Vegan	
SAT	Roasted Vegetable Chicken Tortilla Smoky Vegan	
SUN	Corn Chowder Chicken & Noodle Smoky Vegan	
MON	Corn Chowder Chicken & Noodle Smoky Vegan	
TUE	Caribbean Jerk Chicken Tomato Basil Smoky Vegan	

12 oz \$5.49 16 oz \$6.99



Soup's on all week 🍲 Fresh, house-made comfort—your way. From Beef & Bean Chili to Caribbean Jerk Chicken, Chicken Tortilla, Corn Chowder, and a daily Smoky Vegan option, there's something for everyone (vegan, GF, DF options available). Hot, hearty, and ready when you are—11 AM–8 PM.



6th Annual Food Shed Plant Sale
BEST GARDEN PLANTS ANYWHERE

We know, cuz somebody's Mom said so

Kick off gardening season 🌱 Our 6th Annual Plant Sale is **May 16 from 9AM - 2PM!** Local growers, unique plants, expert advice—come early for the best selection 🌸

[Details HERE](#)

MORE EVENTS IN MAY



Informative Classes & Outdoor FUN

- May 9 – **Grow Epic Tomatoes** 🍅
- May 14 – **Zentangle** Class (ticket required)
- May 15 - Food Shed **Anniversary**
- May 16 – 6th Annual **Plant Sale** 🌻
- May 30 – **Pedalpalooza** 2026

[Details HERE](#)



May 15th – all day long

HUGE SAVINGS

Celebrate with:

- 10% off for all customers
- 15% off for Owners

Plus samples and freebies while they last! Birthday deals are valid in-store only, one day only, May 15, during store hours, **9 AM–8 PM**.

Food Shed Second Anniversary



[Details HERE](#)

BACK IN MY DAY

We had milk in returnable glass bottles and we liked it!



Crystal Ball Milk
in returnable glass
only at the co-op



Champion environmentally responsible practices

Back in my day, we didn't have all this plastic gobbledygook, flimflam, hullabaloo packaging... we had a glass bottle... and we liked it! 🥛

Sure, they were heavier, but that built character and maybe even a bicep or two... and we liked it!

We rinsed 'em, brought 'em back, and got fresh milk in return—no whatchamacallit, no thingamajig... just milk.

Now here's the kicker... turns out that old-school idea wasn't so crazy after all.

Glass bottles. Returned. Reused. Refilled.

Simple. Local. Smart. 😊

Now at the Food Shed: milk from Crystal Ball Farms (Osceola, WI), packaged in returnable glass bottles.

\$2 deposit—bring it back and keep the cycle going.

Milk like the good old days... just down the road at the co-op 🐄 ✨



Become an Owner

For a one-time \$200 household investment, you join 2,700+ neighbors strengthening a more local, transparent, and resilient food network.

Every owner helps shift dollars toward nearby farms, local producers, cleaner ingredients, and shorter supply chains—good for our community and the planet.

You don't have to be an owner to shop. But when you are, you're helping build the kind of food system we all want to see.

Check out the latest!

coop deals[®]

CLICK HERE



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<https://foodshed.coop/>

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