



For followers and supporters of the Food Shed Co-op - December 30, 2022

1574 OWNERS AND COUNTING!

Click **HERE** or on any *Become an Owner* button!

Season Greetings!

Last week we celebrated our annual holiday dinner with Food Shed Co-op board members and their significant others. What a fabulous team and family. We are on an incredible journey to open McHenry County's first food community owned and controlled grocery store. Please consider joining us!

I want to thank Dukes Ale House in Crystal Lake for hosting us. Duke's kitchen utilizes



sustainable ingredients from local farmers and producers, a model for our up-and-coming food preparation department. I thank Zak Dolezal and the Dukes team for an outstanding and authentic culinary experience.

We wish you a holiday filled with joy and a super-healthy 2023!

Bloom Shroomery



Bloom Shroomery is a family owned and operated mushroom farm. All of their mushrooms are chemical free, grown in a climate-controlled grow room at their home just outside of downtown Crystal Lake. They produce about 100 lbs. per week of fresh lion's mane, oyster, shiitake, king trumpet, black pearl king, enoki and reishi. Dried mushrooms and medicinal

mushroom tinctures are available as well. You can find them vending at the Woodstock Farmers Market and Farmers Market at the Dole during both the summer and winter market seasons. They offer porch pick up from their home on Crystal Lake Avenue seven days a week. Stop by one of the markets to see what they are all about.

We need your support. Please join the residents and families who believed in the vision of opening a community-owned grocery store!

BECOME A FOUNDING OWNER NOW.



We need your support please click **HERE** to join our mission.

Events

Winter Markets at the Dole Dole Mansion, Crystal Lake, IL

The Food Shed Co-op is proud to be joining local farmers at the <u>Winter Farmers Market</u> at the <u>Dole!</u> We will have a FSC table at the market to engage with visitors, update the public about the growth of our up-and-coming store and sign-up new owners.

Sunday, January 15, 2023, 10 am to 2 pm

Sunday, February 12, 2023, 10 am to 2 pm

Sunday, March 12, 2023, 10 am to 2 pm

Sunday, April 2, 2023, 10 am to 2 pm

Sunday, April 16, 2023, 10 am to 2 pm

Woodstock Winter Farmer's Markets

Woodstock Fairgrounds, Woodstock, IL

We will be with our friends again in Woodstock once a month through the winter at their <u>Winter Market!</u> We are excited to engage with visitors, update the public about the growth of our up-and-coming store and share ways to learn more.

Saturday, January 7, 2023, 9 am to 1 pm Saturday, February 4, 2023, 9 am to 1 pm Saturday, March 4, 2023, 9 am to 1 pm Saturday, April 1, 2023, 9 am to 1 pm











Help us spread the word about our community owned grocery store by sharing our posts with your followers on social media. And why not BECOME AN OWNER now?



Mission

Our mission is to build a LOCAL food COOPERATIVE promoting a HEALTHY, ETHICAL and RESILIENT COMMUNITY.

Core Values

- Promote and foster better food choices
- Cultivate and strengthen our local economy
- Inspire and empower community
- Champion environmentally responsible practices

Cooperatively yours, Food Shed Co-op Board



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